

Lady lact[®]

Lactobacillus Casei (Probiotic)

Everything feels different



- ♀ **Restoring natural vaginal flora**
- ♀ **treatment for recurrent bacterial and vaginal yeast infections**

eRx:90933


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Lady lact® provides 10^9 CFU of *Lactobacillus Casei* in each capsule, which is placed as a layer on the mucus of the vagina. *Lactobacillus* produces lactic acid, thereby lowering the pH of the vaginal environment and subsequently preventing colony formation and proliferation of pathogenic bacteria in mucus.

— Mechanism of Benefits

- Competing with pathogenic bacteria for food and binding to vaginal epithelium cells
- Reduce vaginal pH by producing organic acids, especially lactic acid
- Stabilize the natural vaginal flora
- Production of bioactive metabolites
- Modulating and regulating immune system responses

— Indication

- Strengthening and restoring vaginal microflora
- Increase the success rate of treatment in women with fungal and bacterial vaginosis in simultaneous administration with antifungal and antibiotic drugs
- Prevents the growth and colonization of pathogenic microbes and yeasts in the vaginal mucosa
- Treatment of recurrent vaginal yeast and bacterial infections

— Dosing

- For treatment, use two vaginal capsules per day for 7 days.
- as a maintenance treatment, Use 1 vaginal capsule per day for 14 days.

— Adverse Effects

no specific side effects and toxicity cases have been reported for probiotics. All probiotics are naturally present in the body and are all registered as **GRAS** (Generally Recognized as Safe). Sometimes it may cause redness, itching, burning of the genital area, or unusual discharge.

— Pregnancy and Breastfeeding

It is generally considered safe for use during pregnancy and lactation.

References

<https://ods.od.nih.gov>
<https://uptodate.com>
<https://www.rxlist.com>